



Individual Profile Report for Sample User



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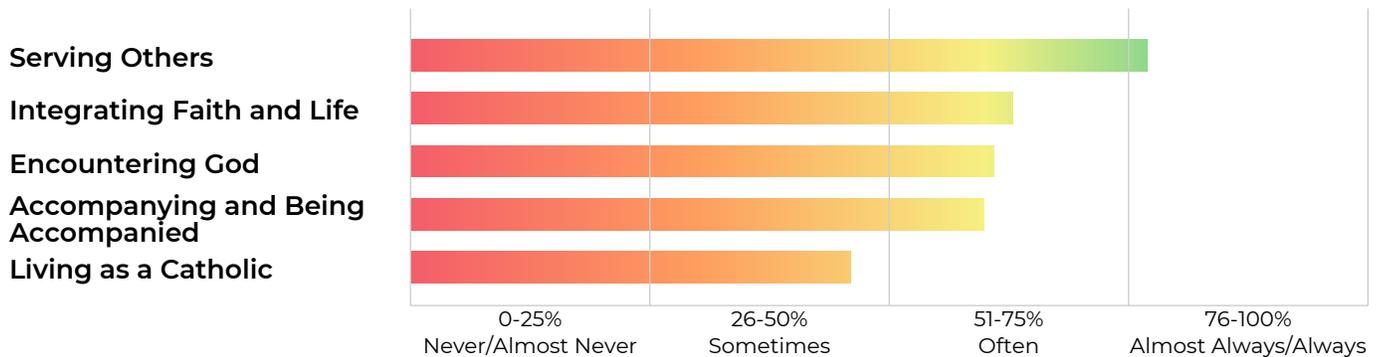
Sample,

6/23/2022

Thank you for taking the Catholic Discipleship Profile. Hopefully responding to the statements provided a way for you to begin engaging with the expression of your Catholic faith.

Here is your discipleship profile:

Sample's Summary of 5 Main Expressions of Catholic Discipleship Behavior



Your profile shows your responses in terms of **five common expressions of Catholic discipleship**.

The graph above gives you a **summary** of the behavior frequencies you indicated for all 5 expressions on a percentage scale from 0% (Almost Never/Never) to 100% (Almost Always/Always).

According to your answers, you most often embody discipleship through **Serving Others** followed by **Integrating Faith and Life**.

Serving Others: This expression exhibits itself in your life in many ways from taking action to address the needs of the poor to speaking up for the rights of the marginalized. You also serve others by extending friendship to people who seem left out.

Integrating Faith and Life: As a disciple, you integrate faith by bringing a faith perspective to discussions on current events and discussing Scripture with others.

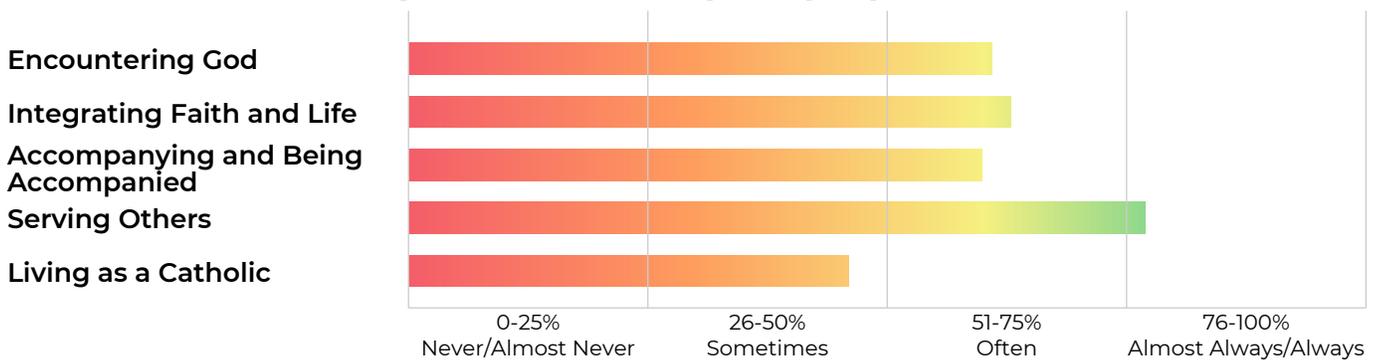
The next three expressions you indicated, in order, are Encountering God, Accompanying and Being Accompanied, and Living as a Catholic. You may find certain behaviors within these expressions that can be opportunities for you to grow in your discipleship.

This report is **exclusively yours**. You may view the results at any time by using your email ID and your password. The only person(s) to see your responses are you and any person with whom you choose to share your report. If you have access to a printer, you may print out your report. As with all personal information, please be sure it is safe and secure.

The following pages of this report will help you understand your unique expression of discipleship.

Understanding How You Express Your Catholic Faith

Sample's Catholic Discipleship Expressions



This graph looks different from the graph on the previous page because it shows your discipleship expressions in a different order. These expressions represent behaviors, not stages, of faith. You may find that your expression of discipleship changes over time and depends on your life circumstances. So, think of the expressions as dimensions of discipleship behavior. **Encountering God** and **Integrating Faith and Life** are dimensions of your personal relationship with God and how that relationship affects how you live your life each day. **Accompanying and Being Accompanied** reflects the communal aspect of faith through both supporting others and asking them to support you on your journey of discipleship. The next dimension of **Serving Others** includes the missionary aspect of your faith when you respond to the needs of others in your community and the world. The final dimension becomes evident when your faith becomes central to your life as the teachings and traditions of the Church encourage you to prioritize **Living as a Catholic**. As you reflect on your discipleship behaviors in this order, the mystery of God present and working in your life may become clearer to you.

Your discipleship is unique and may contain any combination of these dimensions above. They do not necessarily develop in any particular order. You may find that you only express your discipleship strongly in one or two main areas or maybe you have all 5 dimensions, but none of them are significantly stronger than the others. Only you know how God has worked both subtly and powerfully in your life to form you as a disciple, a follower of Jesus Christ.

Reflecting on Your Experience

This report will help you reflect on your experience as a disciple by focusing on one expression at a time in the order displayed in the **graph** above. The pages for each expression include 1) a graph that shows the average frequency you indicated for that expression; 2) the **statements** in each expression grouped by the frequency response you indicated (Almost Never/Never, Sometimes, Often, Almost Always/Always); and 3) **questions** to help you reflect on your discipleship activity.

Remember, there is no one way to be a disciple. We trust that God lovingly and continually calls each of us to imitate Christ, grow in holiness, and do our part to build God's kingdom.

Prayer

As you continue reading your report, try to focus on the insights you gain about yourself and your life as a disciple of Jesus Christ. Ask the Holy Spirit to guide you by saying this prayer.

Loving God, you made me a disciple through my baptism.

You call me to live as a follower of Jesus who attends to his Word, prays and worships in his Spirit, experiences love in his community of the Church, and is sent to serve by helping others as Jesus did.

Lead me, Father, more fully into your Kingdom, which Jesus came to begin and fulfill.

Help me through the guidance of the Spirit to keep my eyes fixed on Jesus and bring his Good News to all I encounter.

I make this prayer in Jesus' name.

Amen.



Encountering God

Sample's Results

Average Frequency Percentage



You self-reported an average frequency of **OFTEN** (61%) in this area of discipleship behavior. According to your responses, you most often express your discipleship through Encountering God in the following ways: receiving Holy Communion which strengthens your sense of mission, sensing God's presence when reading or hearing Scripture, and relying on your faith for guidance in your life. These are just a few of the ways in which you personally encounter God as a disciple.

Behavioral Statements on Encountering God

Below, you can see a summary of your responses grouped according to the frequency you indicated.

Almost Always/Always

When I go to Mass, I feel Jesus' presence.

When making important decisions, I turn to God in prayer.

Receiving Holy Communion strengthens my sense of mission to bring Jesus' love to the world.

My relationship with Jesus helps me deal with the imperfections and scandals in the Catholic Church.

I sense God's presence when I read or hear Scripture.

I rely on my faith for guidance in my life.

I pray with members of my family.

Often

I have a strong sense that God loves me unconditionally.
I trust in God's forgiveness for my sins and failings.
I give thanks to God when I receive blessings in my life.
I pray spontaneously and conversationally with God.
I sense Jesus' presence when I am serving others.
When someone shares about a hardship or struggle, I offer to pray with or for them.

Sometimes

I am aware of God's presence with me throughout the day.
I trust in the Holy Spirit's presence and power to guide my life.
I recognize God's presence or blessings when I experience moments of struggle and loss.
Attending Mass strengthens my commitment to follow Jesus.
I sense God's presence in my family or friends.
I pray for those in need in my local community and around the world.
I pray daily.
I seek and pray for Christian unity and understanding among all faiths.
The life and teachings of Jesus influence my important decisions.

Almost Never/Never

My faith influences how I carry out my work responsibilities.

What does the expression of Encountering God include?

Our relationship with God lies at the core of the life of discipleship. Disciples' lives are infused with an awareness of God's presence and we recognize these moments as encounters with God. As disciples, we trust God, even in times of suffering or struggle. We have the confidence and commitment to engage with God personally in prayer, to pray with or for others, and to be strengthened for mission by our encounter with Jesus and our faith community in the Eucharist. Disciples are mindful of how God the Father, Jesus Christ, and the Holy Spirit are active in our lives, guiding us toward discernment, growth in holiness, and missionary activity.

Reflection

Sample, take time now to reflect on your expression of discipleship through Encountering God.

As you look at this area of Encountering God, what in these results affirms your experience as a disciple of Jesus? Is there anything that surprises you?

You answered "Always/Almost Always" to the statement: "My relationship with Jesus helps me deal with the imperfections and scandals in the Catholic Church." How do you think this enhances your life as a disciple?

You responded "Never/Almost Never" to the behavior: "My faith influences how I carry out my work responsibilities." Why do you think that is? If you would like to incorporate this discipleship behavior more into your life, how do you think you might do that?

When you look at the statements categorized by your responses above, are there any aspects of "Encountering God" that you would like to grow in this coming year?

End of Sample Report

This has been a sample of the Catholic Discipleship Profile report. More pages are available in the full version of the report.

For more information or to register for an account, visit <https://discipleshipprofile.org>.