



## Parish Discipleship Profile Report for Sample



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## Report for Sample

Thank you for taking the **Catholic Discipleship Profile** as part of Sample Parish.

The **Catholic Discipleship Profile** (CDP) was developed to allow us as Catholics to get a snapshot of the ways in which we are actualizing the various dimensions of discipleship in our lives. Through reporting on the frequency of an activity, we can begin to see general patterns and emphases, specifically what we tend to do most and least. This can lead to insight and potential areas of growth as we follow Jesus as his disciples.

Just as individuals benefit from looking at their patterns of behavior as disciples, parishes can benefit as well. While it is difficult to get every parishioner to participate in CDP, the more who do participate contribute to an overall picture of the ways a parish puts Catholic discipleship into action. Exploring these patterns can help parish leaders make decisions about how to build upon a parish's most active behaviors and how to boost areas where parishes can grow in discipleship as a community.

The **Catholic Discipleship Profile** is not a test for parishes in the same way it is not a test for individuals. The richness of our Catholic spiritual and pastoral tradition helps us know there are many ways our Catholic ideals can be embodied. When a parish can see the way it incarnates our Catholic tradition, it can then discuss, reflect, and plan with greater focus.

## Parishioners Participating in the Catholic Discipleship Profile

Number of parishioners who took part in the CDP: **83**

Dates over which parishioners responded: **10/20/2021 - 1/15/2022**

Number of validly completed parishioner profiles: **59**

## Demographic Information of Parishioners Taking the Catholic Discipleship Profile



### Age

	<18	18-24	25-40	41-60	61-70	71+	No Response	Total
<b>Number</b>	2	4	15	18	11	6	3	<b>59</b>
<b>Percentage</b>	3%	7%	25%	31%	19%	10%	5%	<b>100%</b>

### Gender

	Male	Female	No Response	Total
<b>Number</b>	27	30	2	<b>59</b>
<b>Percentage</b>	46%	51%	3%	<b>100%</b>

### Ethnicity

	Asian or Asian American	Black or African American	Hispanic or Latino	Multi or Bi-Racial	American Indian or Alaska Native	Native Hawaiian or Other Pacific Islander	White or Caucasian	Other	No Response	Total
<b>Number</b>	3	11	13	2	0	2	27	1	0	<b>59</b>
<b>Percentage</b>	5%	19%	22%	3%	0%	3%	46%	2%	0%	<b>100%</b>

## Five Expressions of Catholic Discipleship

This report will show parishioner responses in **five common expressions of Catholic discipleship** that were statistically validated in test runs of this survey. These five areas allow for an unfolding of the various themes of discipleship found in each expression.

### 1. **Encountering God**

As disciples, our life of faith is fundamentally rooted in our personal experiences of encountering God, especially through prayer. This awareness of God's presence calls us as disciples to conversion and commitment and brings us to a new way of life in Christ and his Spirit.

### 2. **Integrating Faith and Life**

As disciples, we are called to integrate our faith into all the facets of our lives. Formed by God's Word, prayer, and especially the Mass, we give witness to our faith by what we say and do, how we think, and how we make decisions.

### 3. **Accompanying and Being Accompanied**

As disciples, we are called to accompany, or journey with, others in faith so that we can grow together as the Body of Christ. Just as we find support for living our faith from the witness and Gospel proclamation of others, we help our family, friends, and parish community grow as disciples through letting the light of Christ shine through our witness and service.

### 4. **Serving Others**

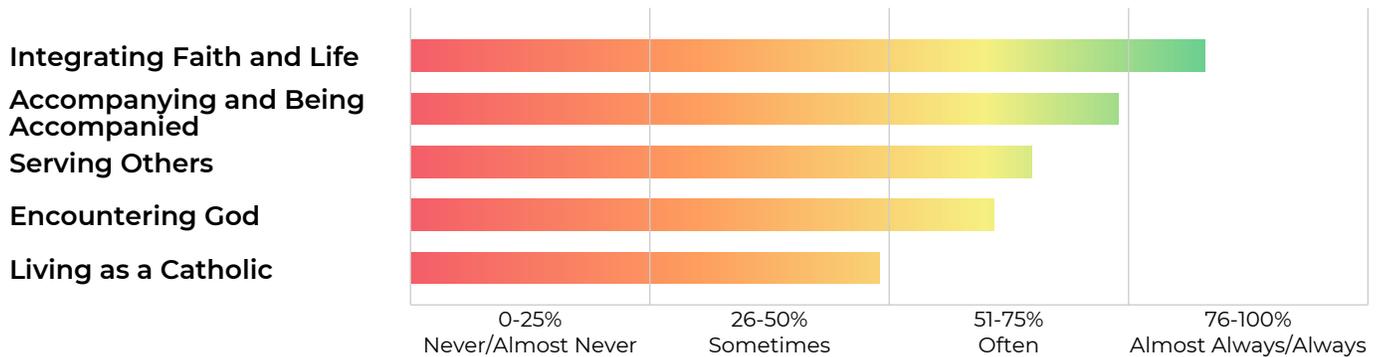
As disciples, strengthened by God's grace, we are sent forth to extend God's reign in the world through faithful service. We share God's mercy by striving for justice and dignity for all, especially the poor and those most vulnerable.

### 5. **Living as a Catholic**

As disciples, our Catholic traditions and practices of prayer and worship strengthen us as we follow Jesus. Celebrating the sacraments and participating in rituals of our faith bind us together as Catholics missionary disciples.

## The Catholic Discipleship Profile for Sample

### Summary of 5 Main Expressions of Catholic Discipleship Behavior



**Your parish profile** shows the parishioners' average responses in terms of **five common expressions of Catholic discipleship**. The graph above gives you a **summary** of the average behavior frequencies of parishioners completing the CDP for all 5 expressions on a percentage scale from 0% (Almost Never/Never) to 100% (Almost Always/Always).

According to the responses, parishioners most often express their discipleship through **Integrating Faith and Life** followed by **Accompanying and Being Accompanied**.

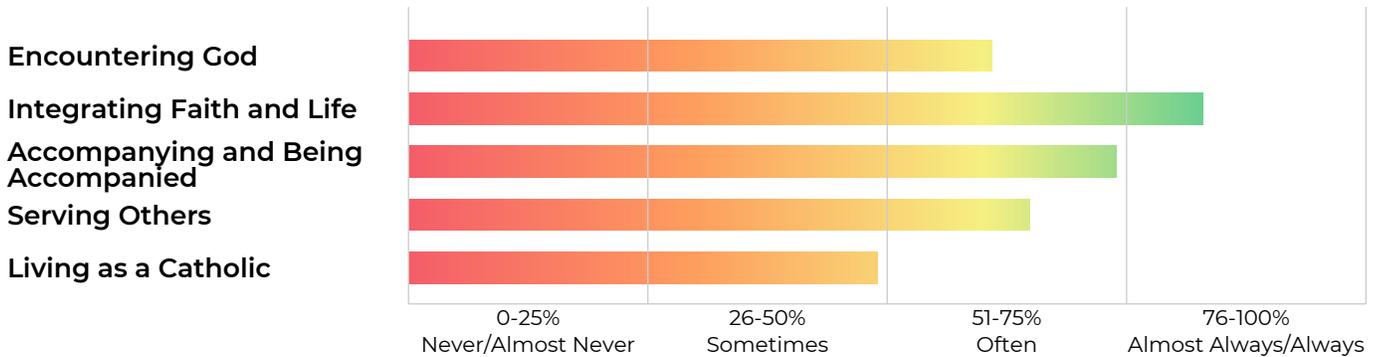
**Integrating Faith and Life:** This expression exhibits itself in your lives in many ways from reading and praying with the Mass readings outside of Mass to recommending Catholic resources to encourage others. Parishioners also integrate faith by considering the teachings of the Church when making important decisions.

**Accompanying and Being Accompanied:** As disciples, you accompany by discussing Scripture with others and participating in a small group.

The next three expressions parishioners indicated, in order, are Serving Others, Encountering God, and Living as a Catholic. You may find certain behaviors within these expressions that can be opportunities for the parishioners to grow in their discipleship.

As parish leaders communicate the aggregated responses of those who took the **Catholic Discipleship Profile**, you might invite your parishioners to compare their individual responses with the combined responses in this parish report.

## Understanding How Parishioners of Sample Express Their Catholic Faith



This graph looks different from the graph on the previous page because it shows the five discipleship expressions in a different order, not in the order of highest to lowest responses, but that used in the profile reports of individual parishioners.

Parishioners may find, for example, that they only express discipleship strongly in one or two main areas, or perhaps in all five areas. All these insights will serve as the basis for fruitful conversations among parish leaders and parishioners.

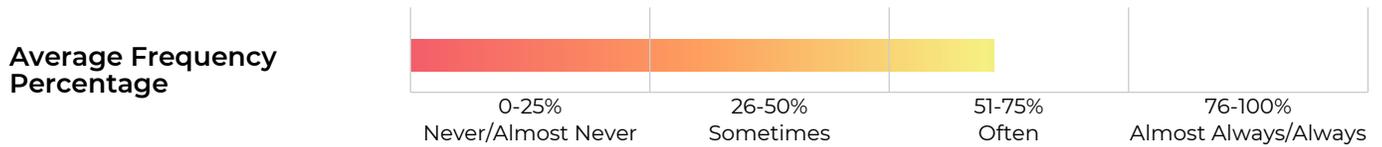
### Reflecting on Parishioner Experience

This report will help Sample parish reflect on discipleship by focusing on one expression at a time in the order displayed in the graph above. The pages for each expression include 1) a **graph** that shows the average frequency parishioners indicated for that expression; 2) the **statements** in each expression grouped by the highest frequency response percentage to the lowest (100-0%); and 3) **questions** to help your parish reflect on your discipleship activity.

Remember, there is no one way to be a disciple. We trust that God lovingly and continually calls each of us to imitate Jesus Christ, grow in holiness, and do our part to build God's kingdom.



## Encountering God



Parishioners self-reported an average frequency of **OFTEN** (61%) in this area of discipleship behavior. According to their responses, they most often express their discipleship through Encountering God in the following ways: being influenced by the life and teachings of Jesus when making important decisions, receiving Holy Communion strengthens your sense of mission, and praying with members of your family. These are just a few of the ways in which parishioners personally encounter God as disciples.

### Behavioral Statements on Encountering God

Below is a summary of parishioner responses ranked from the highest average frequency to the lowest.

Statements Ranked According to Avg Frequency (0-100% Scale)	Avg Frequency (%)
<b>Almost Always/Always</b>	
Receiving Holy Communion strengthens my sense of mission to bring Jesus' love to the world.	83%
The life and teachings of Jesus influence my important decisions.	83%
I pray with members of my family.	83%
I recognize God's presence or blessings when I experience moments of struggle and loss.	75%

## Often

I trust in God's forgiveness for my sins and failings.	71%
Attending Mass strengthens my commitment to follow Jesus.	71%
I pray for those in need in my local community and around the world.	71%
I trust in the Holy Spirit's presence and power to guide my life.	67%
I rely on my faith for guidance in my life.	67%
I have a strong sense that God loves me unconditionally.	62%
I pray spontaneously and conversationally with God.	62%
I give thanks to God when I receive blessings in my life.	58%
I am aware of God's presence with me throughout the day.	58%
I sense God's presence in my family or friends.	58%
My faith influences how I carry out my work responsibilities.	58%
When I go to Mass, I feel Jesus' presence.	54%
I sense God's presence when I read or hear Scripture.	54%
I sense Jesus' presence when I am serving others.	50%
I seek and pray for Christian unity and understanding among all faiths.	50%

## Sometimes

My relationship with Jesus helps me deal with the imperfections and scandals in the Catholic Church.	46%
I pray daily.	46%
When someone shares about a hardship or struggle, I offer to pray with or for them.	42%
When making important decisions, I turn to God in prayer.	33%

## What does the expression of Encountering God include?

Our relationship with God lies at the core of the life of discipleship. Disciples' lives are infused with an awareness of God's presence, and we recognize these moments as encounters with God. As disciples, we trust God, even in times of suffering or struggle. We have the confidence and commitment to engage with God personally in prayer, to pray with or for others, and to be strengthened for mission by our encounter with Jesus in the Eucharist and in our faith community at Mass. Disciples are mindful of how God the Father, Jesus Christ and the Holy Spirit are active in our lives, guiding us toward discernment and ongoing conversion.

## Reflection

As you look at this area of Encountering God, invite parish leaders to discuss:

What in these results affirms our parish's experience of discipleship? What surprises us?

What conclusions can we draw about our parish's general practice of discipleship in this area?

When we look at the highest and lowest ranked statements in this area, what does this say to us as a parish?

What are some aspects of "Encountering God" that our parish would like to grow in the next year?

## End of Sample Report

This has been a sample of the Catholic Discipleship Profile parish report. More pages are available in the full version of the report.

For more information or to register for an account, visit <https://discipleshipprofile.org>.